Grief & Loss Peer Support Group

PURPOSE:

To offer support for children and teens who have experienced the death of a significant person and to create a safe place for them to share their experiences as they learn that they are not alone in their grief.

WHEN/WHERE WILL THIS TAKE PLACE:

This semester, a 10-week grief and loss peer support group will begin at your child/teen's school during school operating hours. The group will be led by a school representative and Suncoast Kids Place.

If you would like for your child/teen to participate, contact a Student Service Team Member at Pierce Middle School.

SCHOOL SOCIAL WORKER

Ariella Dragonberg (813)-872-5344 Ext. 228 ariella.dragonberg@hcps.net



5 Things Grieving Children/Teens Want Adults to Know

- #1. THEY WANT TO BE TOLD THE TRUTH ABOUT THE DEATH.
- #2. EACH CHILD WILL GRIEVE IN THEIR OWN UNIQUE WAY.
- #3. THEY NEED YOU TO HELP THEM MAINTAIN THEIR CONNECTION WITH THEIR PERSON WHO DIED.
- #4. THEY NEED TO BE TAUGHT COPING STRATEGIES.
- #5. THEY NEED YOU TO TAKE CARE OF YOURSELF.